

Affix Addressograph label or complete **all** details below:

Full Name

DOB

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Bwrdd Iechyd Prifysgol  
Bae Abertawe  
Swansea Bay University  
Health Board

## Apixaban (Eliquis) AF Counselling Checklist

		✓
1	Please ensure that you have been given an “Eliquis patients guide book” with alert card inside	
2	Apixaban (Eliquis) is a medicine which is used for the treatment of atrial fibrillation (AF), it is a blood thinning medicine that lowers the risk of further blood clot formation reducing your risk of a stroke.	
3	It is important to take apixaban <b>5mg twice daily</b> . <b>Never miss</b> any doses unless advised by your doctor or dentist. <b>NOTE:</b> In renal impairment the dose may be reduced to <b>2.5mg twice daily</b> (See SPC). If the patient has any two of the following the dose should also be reduced to <b>2.5mg twice daily</b> i.e. >80 years old, Serum Creatinine >130micromole/l, weight < 60kg.	
4	If you <b>forget to take apixaban</b> : A forgotten or missed dose should be taken immediately; then the next dose should be taken at the normal time. The dose <b>should not</b> be doubled in the same day to make up for a missed dose.	
5	There is a risk of unexplained / spontaneous bleeding with apixaban. You should be aware of signs of bleeding and tell you doctor immediately if you experience long or excessive bleeding, unusual bruising, nosebleeds, bleeding from gums, exceptional weakness, tiredness, paleness, dizziness, headache or unexplained swelling. Your doctor may decide to keep you under closer observations or change your medicine.	
6	There are side-effects with apixaban which may be seen including low blood pressure (dizziness, fainting), indigestion, nausea, constipation, diarrhoea, decreased general strength, raised heartbeat, rash, itchy skin. For a full list of side effects consult the SPC/ PIL.	
7	Is the patient's current medication appropriate with apixaban including over the counter, vitamins and herbal medicines?	
8	Alcohol consumption should not exceed the normal recommend units/ day and binge drinking should be avoided while taking apixaban.	
9	It is important to inform the pharmacist when buying over the counter medicines, or collecting prescription medicines, that you are on apixaban therapy.	
10	Always tell any doctor, dentist, nurse or pharmacist you are taking apixaban.	
11	<b>Stopping apixaban</b> : Take apixaban as prescribed. Do not stop taking apixaban without first consulting your doctor. Stopping apixaban may increase the risk of you having a stroke.	
12	Women of childbearing potential should avoid becoming <b>PREGNANT</b> during treatment with apixaban.	
13	I have been given the opportunity to ask questions about my apixaban treatment	

Details of Health Professional who provided anticoagulation advice and information:

Name:

Designation:

Signature:

Date:

Patient's signature:


Date:

Once completed the checklist should be filed in the patients notes.

## Swansea Bay University Health Board

### Authorisation Form for Publication onto COIN

PLEASE ENSURE THAT ALL QUESTIONS ARE ANSWERED – IF NOT APPLICABLE PLEASE PUT N/A

COIN ID.	CID1720
Title.	Apixaban (Eliquis) AF Counselling Checklist
Name and Signature of Author/Chair of Group or Committee.	Thrombosis and Anticoagulation Committee
Name and Signature of Lead Pharmacist.	 Kieron Power
Please specify whether the document is New, Revised or a Review of a previous version.	Revised
Please specify the section on COIN where you wish the document to be published.	Anticoagulation
Please sign to confirm that the document has been authorised by an approved governance process in a specialty or delivery unit.	Thrombosis and Anticoagulation Committee
Has NICE guidance been considered/referenced when producing this guidance? If yes, please state the title or reference number.	Yes, NICE TA 275
Is the document relevant to the GP Portal?	Yes
Equality Statement (Mandatory for Policies). <sup>(1)</sup>	No potential negative equality impact
Please specify keywords to assist with searching. <sup>(2)</sup>	Anticoagulation, AF, DOAC, Apixaban, Eliquis, NOAC, counselling, checklist
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(1) All policies need to comply with the Policy for the production, consultation, approval, publication and dissemination of strategies, policies, protocols, procedures and guidelines

(2) Relevant keywords will assist COIN users with searching for documents.