

Affix Addressograph label or complete **all** details below:

Full Name

DOB

Hospital Number



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Bae Abertawe
Swansea Bay University
Health Board

Dabigatran (Pradaxa) AF Counselling Checklist

		✓
1	Please ensure that you have been given a "Pradaxa patients guide book" with alert card inside	
2	Dabigatran (Pradaxa) is a medicine which is used for the treatment of atrial fibrillation (AF), it is a blood thinning medicine that lowers the risk of further blood clot formation reducing your risk of a stroke.	
3	It is important to take dabigatran 150mg twice daily . Never miss any doses unless advised by your doctor or dentist. NOTE: In renal impairment (eCrCl <30ml/min) dabigatran should not be used (See SPC). If the patient has a higher risk of bleeding (See SPC) the dose may be reduced to 110mg twice daily i.e. >80 years old, concomitant verapamil,	
4	If you forget to take dabigatran : A forgotten or missed dose should be taken immediately if there is more than 6 hours until your next dose, if less do not take the missed dose and take your next dose at the normal time. The dose should not be doubled in the same day to make up for a missed dose.	
5	There is a risk of unexplained / spontaneous bleeding with dabigatran. You should be aware of signs of bleeding and tell you doctor immediately if you experience long or excessive bleeding, unusual bruising, nosebleeds, bleeding from gums, exceptional weakness, tiredness, paleness, dizziness, headache or unexplained swelling. Your doctor may decide to keep you under closer observations or change your medicine.	
6	There are side-effects with dabigatran which may be seen including low blood pressure (dizziness, fainting), indigestion, nausea, constipation, diarrhoea, decreased general strength, raised heartbeat, rash, itchy skin. For a full list of side effects consult the SPC/ PIL.	
7	Is the patient's current medication appropriate with dabigatran including over the counter, vitamins and herbal medicines?	
8	Alcohol consumption should not exceed the normal recommend units/ day and binge drinking should be avoided while taking dabigatran.	
9	It is important to inform the pharmacist when buying over the counter medicines, or collecting prescription medicines, that you are on dabigatran therapy.	
10	Always tell any doctor, dentist, nurse or pharmacist you are taking dabigatran.	
11	Stopping dabigatran: Take dabigatran as prescribed. Do not stop taking dabigatran without first consulting your doctor. Stopping dabigatran may increase the risk of you having a stroke.	
12	Women of childbearing potential should avoid becoming PREGNANT during treatment with dabigatran.	
13	I have been given the opportunity to ask questions about my dabigatran treatment	

Details of Health Professional who provided anticoagulation advice and information:

Name:

Designation:

Signature:

Date:


Patient's signature:

Date:

Swansea Bay University Health Board

Authorisation Form for Publication onto COIN

PLEASE ENSURE THAT ALL QUESTIONS ARE ANSWERED – IF NOT APPLICABLE PLEASE PUT N/A

COIN ID.	CID1716
Title.	Dabigatran (Pradaxa) AF Counselling Checklist
Name and Signature of Author/Chair of Group or Committee.	Thrombosis and Anticoagulation Committee
Name and Signature of Lead Pharmacist.	 Kieron Power
Please specify whether the document is New, Revised or a Review of a previous version.	Revised
Please specify the section on COIN where you wish the document to be published.	Anticoagulation
Please sign to confirm that the document has been authorised by an approved governance process in a specialty or delivery unit.	Thrombosis and Anticoagulation Committee
Has NICE guidance been considered/referenced when producing this guidance? If yes, please state the title or reference number.	Yes, NICE TA 249
Is the document relevant to the GP Portal?	Yes
Equality Statement (Mandatory for Policies). ⁽¹⁾	No potential negative equality impact
Please specify keywords to assist with searching. ⁽²⁾	Anticoagulation, AF, DOAC, Dabigatran, Pradaxa, NOAC, counselling, checklist
Published.	December 2015
Last Review.	January 2020
Next Review/Expiry Date.	December 2021

(1) All policies need to comply with the Policy for the production, consultation, approval, publication and dissemination of strategies, policies, protocols, procedures and guidelines

(2) Relevant keywords will assist COIN users with searching for documents.